

THE ASSOCIATE HANDBOOK

ARISE



*The movement in your hands — what it is, what it
asks, and what it opens*

Association to Rebuild India through Service and Entrepreneurship



Vyaktinirmaan se Rashtranirmaan

National development through individual development

Member-facing Collateral of the Movement, made under Articles 12 and 96–98 of the Master
Constitution

A companion to the instruments of the movement — every rule cited to its home; none made here

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“Together, we will Rebuild India”

Vyaktinirmaan se Rashtranirmaan

This Handbook is the movement placed in the hands of its associates. It makes no rules and prescribes no forms: every rule it states lives in an instrument of the movement — the Master Constitution above all, and under it the bye-laws, codes, policies and kits cited throughout — and where this Handbook and any instrument appear to differ, the instrument prevails. Its words obey the Lexicon & Framing Guide (4.3): civilisational in soul and universal in heart. Its visual identity awaits the emblem (4.0); until the brand suite issues, it travels as text, and printed materials come by circular of the Centre (5.7). *Vyaktinirmaan se Rashtranirmaan*.



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Preamble



Welcome. If this Handbook is in your hands, you have either passed through the Nation-BUILDER Induction Gate or are standing before it — and either way, it was written for you. It gathers in one place what the movement is, what it asks of an associate, and what it opens to one; and for every rule it states, it names the instrument where that rule lives in full. This Handbook condenses; it never replaces. Read it first; then, whenever a question matters, go to the instrument it cites.

Membership of an ARISE club is a privilege, earned at entry and kept by commitment. — the Constitution, Part III

WHAT THIS HANDBOOK IS — AND IS NOT

It is a companion, not a code. It makes **no new rules and no new forms**: membership and its lifecycle are the Membership & Lifecycle Bye-law's (1.2); the Gate is Article 16's, worked as the Induction & Onboarding Kit prescribes (5.3); the club's week is the Club Operations Manual's (5.2); the forms are the Prescribed Forms Set's (5.8); the money is Part IX's, worked by the Finance Manual (2.3) and the Fund-Mobilisation Playbook (5.6). Where this Handbook and an instrument appear to differ, the instrument prevails; above them all, the Master Constitution.



P A R T

I

The Movement You Have Joined



ARISE builds the nation by building the person. Its axiom is *Vyaktinirmaan se Rashtranirmaan* — national development through individual development — and everything in the movement, from the weekly meeting to the national gathering, serves that one conviction: that a better India is built of better individuals, and of nothing else.

The mission, in four widening circles

The Object of the movement moves from the self outward to the nation (Constitution, Article 7): the **Self** — to grow across the five dimensions of human development, the physical, the intellectual, the emotional, the social and the spiritual, understood as inner growth open to all; the **Profession** — to gain knowledge and skill in the four competencies: policy, constitution and law; economy, finance and investments; leadership; and entrepreneurship; the **Community** — to serve those most in need, it being held that service alone can subdue the ego; and the **Nation** — to channel developed, serving individuals into the rebuilding of India, so that personal excellence becomes, in the aggregate, national greatness.

Rooted, and open to all

The movement is apolitical and non-sectarian, and at the same time rooted, without apology, in the civilisation of Bharat — held together without contradiction (Article 12). It admits no party politics and no sectarian preference; it excludes no person on the ground of belief; and it never takes a posture of ‘us against others.’ When the movement speaks of the spiritual, it

means inner growth — meaning, values and purpose, open to every person — and never the practice of any religion (4.3). Every associate speaks the same way: the words of the movement are governed by the Lexicon & Framing Guide (4.3), and the test before anything goes public is simple — *would this welcome every young Indian, of every background and belief?*

The engine — learn, serve, earn

Every associate walks three paths at once (Article 8). You **learn** across the five dimensions and the four competencies, through the curriculum of the movement (3.1; 3.2). You **serve** the community and the country, through real projects with defined outcomes (5.5). And you **earn** the opportunities your development has earned you — internships, employment, leadership and entrepreneurship — opened through the movement's earn partners as your Level and Stars rise (Articles 39–42; 2.5). None of the three is optional decoration: together they are the engine of the movement.

One movement across a life

No one outgrows ARISE; you rise within it. Three tiers of club span a life (Article 44): **Nurture**, for those up to eighteen; **Empowerment**, for those between eighteen and thirty — the campus and young-professional core, including the workplace club; and **Leadership**, for those above thirty. Designed bridges carry you, and all you have built, from tier to tier (2.4).



P A R T

II

Becoming an Associate



Membership is selective by design. The movement does not gather members; it admits the committed — and it admits them through one door, the same for everyone.

The Nation-Builder Induction Gate

Before admission, every applicant completes the three tasks of the Gate (Article 16): a recorded **self-introduction** of about sixty seconds, stating who you are and your idea of Rebuild India; the **mission presented** by you to two persons of standing in your community; and their two **testimonials** — on the mission as they heard it, and on you as they know you. The club's two advisers — institutional and ARISE — review and validate the Gate together; neither may validate alone. Each testimonial goes on the club's digital page and into the central record. The Gate is worked at your own pace, as the Induction & Onboarding Kit prescribes (5.3, Part 2); it is a door, not a wall — but it is passed by a genuine grasp of the mission, never by mere form.

Induction, and the Pledge you take

Upon passing the Gate you are admitted and inducted at a ceremony of the club (1.2, §5; the ceremony is the Ceremonies & Events Handbook's, 5.7). At induction you take the Associate's Pledge and receive the *Pratijñā* Pin (Pledge Pin), the first insignia of the movement.

THE ASSOCIATE'S PLEDGE (FIRST SCHEDULE OF THE CONSTITUTION)

I pledge to develop myself across all five dimensions of my being; to serve the elderly, the weak, and the helpless with empathy; to perform every action with devotion and a sense of duty; and to rise above self-interest for the welfare of my nation. Together, we will Rebuild India. *Vyaktinirmaan se Rashtranirmaan.*

Your first year — you are not left to find your way

Every new associate is assigned an **Induction Guide** — an associate in good standing who accompanies you through your first year (1.2, §6). The arc is structured: orientation modules within the first thirty days — the mission, the values, the currencies, the conduct and youth-protection rules; defined milestones by day ninety — a first validated learning module, a first validated service activity, your attendance on record; and steady one-to-ones with your Guide until your first annual review.

***On fees.**— Membership fees, if and as prescribed, are fixed by circular of the Centre — no amount is stated in this Handbook or in any instrument (5.3, Part 1; 5.8, Part 5). Where a fee is prescribed, it is collected only through the central rails with a Centre-issued receipt. No one in the movement collects cash.*



P A R T

III

The Life of the Club



The club is where the movement happens: a disciplined body of associates — twenty or more — formed under a written constitution (1.1), guided by two named advisers, meeting weekly, serving constantly. Its week, its month and its records are the Club Operations Manual's (5.2); its projects are the Project & Service Playbook's (5.5).

What you are entitled to

An associate in good standing is entitled (1.2, §7): to the learning, service and earning paths of the movement; to earn its currencies — Points, Stars and Boosters — and to rise upon the Ladder; to be considered, upon eligibility, for leadership and the opportunities of the Earn path; to an Induction Guide, orientation and a real role in the club; to the honours earned; and to the fellowship, network and standing of the movement.

What is asked of you

An associate upholds the Object and values and lives by the Nation-Builder's Test; maintains the participation that active standing requires; observes the code of conduct (1.6) and the framing and neutrality rules of the Constitution; deals with integrity in every matter, and with scrupulous honesty in every matter of money; and brings no disrepute upon Rebuild India (1.2, §8).

Active standing — the annual review

Once each ARISE Year, your active standing is reviewed on three parameters — attendance at meetings, participation in projects and activities, and mobilisation of funds for club activities — weighted at forty, forty and twenty per cent (1.2, §9). To remain active you must clear the three forty-per-cent gates: not less than forty per cent on attendance, forty on participation, and forty overall. Mobilisation, though weighted, is never itself a condition of standing; and learning and service are paths of progress, not of compulsion. The same review yields your Annual Performance Review percentage — your APR — which sets your share of the club's Booster.

Conduct, and where to turn

The movement's discipline is written down, and so are your protections. Conduct, discipline and grievance are governed by the Conduct, Discipline & Grievance Code (1.6): every process has a written charge, disclosure, a fair hearing and an appeal; no associate suffers for raising a grievance in good faith. In everything the club does publicly, the club is apolitical and non-sectarian — that is not etiquette but constitutional law (Article 12).



P A R T

IV

The Currencies of Your Progress



Progress in ARISE is measured, visible and earned. Nothing on your record can be bought, gifted or conferred by favour: every currency is earned by genuine effort and validated against a defined outcome (1.2, Part III). This Part tells you the shape of the system; the exact bands, thresholds and schemes are the Schedules of 1.2, which prevail.

Points — the validated hour

The unit of progress is the **Point**: one validated hour of learning earns one Learning Point; one validated hour of service earns one Service Point (1.2, §15). An hour counts only when validated against the outcome set in advance — never for attendance or assertion alone. Your **Personal Excellence Points** are the two added together, within the two-to-one rule: neither learning nor service may count at more than twice the other, and any excess is parked, not lost, until the other rises to admit it (1.2, §18). The rule impels balanced growth — knowledge and service together, never one alone.

The Ladder — twelve Levels, four Phases

Your effective Personal Excellence Points place you on the **Ladder of Human Transformation**: twelve Levels in four Phases — Foundation, Formation, Maturity and Mastery — from the Aspirant's first step to the **Beacon** at ten thousand Points, the ten thousand validated hours by which practice ripens into the mastery of a whole and serving human being (1.2, §25 and First Schedule).

Stars, and Boosters

Stars honour a different excellence: the ability to present, to convince, and to move people to action. They are earned by mobilising funds and donors directly for the Foundation — both criteria together, at the thresholds the Constitution’s Fourth Schedule fixes (Article 30; 1.2, Third Schedule) — and only through the central rails: no receipt, no Star (5.6). **Boosters** multiply the points you newly earn: the early-starter Boosters carried forward from a diligent school-age start, and the club Booster — your club’s annual allocation, shared to you by your own APR — within the lifetime cap the Fourth Schedule of 1.2 sets. The Booster hastens the worthy; it never replaces the work.

The honours

The currencies measure; the honours recognise (1.2, Part IV; the full standard is the Recognition, Citation & Awards Policy, 2.1). Graded honours rise through *Tāmra* (Bronze), *Rajata* (Silver) and *Suvarṇa* (Gold), and are conferred from the central record at the year’s Annual Recognition Ceremony.

Honour	It recognises
<i>Pratijñā</i> Pin (Pledge Pin)	Admission — the Pledge taken, at induction
<i>Jñāna Jyoti</i> (Lamp of Knowledge)	Validated learning, in depth and breadth
<i>Sevā Jyoti</i> (Lamp of Service)	Validated service, in depth and breadth
Udyama Jyoti (Lamp of Enterprise)	Mobilisation — the five Stars
<i>Samarpaṇa</i> Honour (Devotion)	Sustained, devoted team play
<i>Tyāga</i> Honour (Sacrifice)	Exceptional sacrifice beyond what points capture
Phase Laurels	Ascent into Formation, Maturity and Mastery
<i>Ācārya</i> Citation (the Mentor-Teacher)	Developing others as a Mentor
<i>Rāṣṭra Nirmātā</i> (Nation-BUILDER)	The apex — the complete, balanced human being and social leader

***The record is protected.**— Attempts to game or distort the currencies are detected, corrected and disciplined (1.2, §26); and no honour or standing may ever be revoked except through the deep safeguards of 1.2, Part V — never by any single hand, and never as a threat.*



P A R T



The Path to Leadership



IN ARISE, leadership is formed, not conferred. The leader is built across the whole arc of college, and the movement guarantees its clubs continuity by gating board entry to the year of study (1.2; the full code is the Leadership, Elections & Succession Code, 1.4).

College year	Your place in the pipeline
First year	Board-elect — the only entry to the board pipeline
Second year	Serving board — holding office for the ARISE Year
Third year	Advisory corps — the club's Past Leaders Corps (Article 62)
Fourth year and beyond	Trainers and mentors of those who follow
Any year	General associate — the body, the electorate, and the future-leader pool

The formation year

From the October charter to the April settlement — roughly six to eight months — the board-elect cohort runs the **formation competition**: real tasks of learning, service, club-building and mobilisation, each scored to a point on a public leaderboard (3.5; Article 55). The competition produces the three highest-formed board-elects; from among those three, **the board elects the President** (Article 57); the President appoints the Secretary and the Treasurer from the other two; and the three together allocate the seventeen remaining portfolios of the twenty-seat board

by collective judgement (Articles 49, 58; 1.4). Between mid-May and the end of June the incoming board passes the pre-office training gate (Article 60); and on **1 July** it is installed, and the ARISE Year begins.

The four national gatherings

Gathering	When	What it carries
The Charter Convocation	October	New clubs chartered; the movement's public flagship
The Annual Rebuild India Convention	January	All associates — Know India, Celebrate India
The New Leaders Convention	April	Close of the formation competition; level-based tracks
The Leaders' Empowerment Conference	July	The incoming leadership of every club, charged and channelled

***Days, and the one fixed date.**— The exact days of the gatherings and of each cycle's windows are fixed by circular of the Centre before each cycle — the Almanac Circular (93, Part 2). One date alone is fixed by the Constitution itself: the term of the first cohort of club leaders begins on **Thursday, 1 July 2027** (Article 110).*



P A R T

VI

Money, Safety and Trust



The movement can be trusted — with the young, with money, and with your data — because its discipline is written into law, not left to good intentions. Three protections stand over everything an associate does.

The rules of the rupee

You never hold the movement's money. Every rupee rests in the central custody of the Foundation; a club's account is a sub-ledger of the Centre; **only the Centre issues receipts** (Article 72). Clubs raise only for approved projects, on budgets set in advance, with utilisation validated after (Article 73); of every sum a club mobilises for its projects, twenty per cent accrues to the Foundation and eighty per cent becomes the club's budget (Article 74). And one gate stands before all of it: **no club mobilises funds until the structure and compliance of the movement are settled upon qualified advice and the Centre declares mobilisation open** (Article 81(3); 5.6, Part 1). Until that declaration, the craft of mobilisation is studied, not used — no ask, of anyone.

The young are protected — before anything happens

The Youth Protection Policy (1.3) is mandatory and is a **precondition**: no club, event or activity involving minors proceeds until the body is certified under it (1.3, Part E) — the policy in force, the Youth Protection Officer designated, every adult screened and entered on the

cleared-adult register, consents in order, and the certification confirmed by the Centre. If you are ever in doubt whether an activity may proceed, it may not — ask first.

Your data

Your record belongs to the movement's purpose and to nothing else. The Data, Privacy & Records Policy (2.6), drawn to the Digital Personal Data Protection Act, 2023 and standing under legal review, governs what is collected, why, for how long, and with whose consent — a minor's data only with verifiable parental consent. Nothing is profiled, nothing repurposed; what you achieve is recorded, and what is private stays private.



You were not recruited; you passed a gate. Now the work begins — learn, serve, earn — and the record will say the rest.

Vyaktinirmaan se Rashtranirmaan.